



Friday to Monday 7:30am-11:30am

The Bear Naked Bagel w/ out topping	5
The Blonde Bear Bagel with choice of cream cheese, butter & jam, Nutella, peanut butter, or honey	7
The Goldy Lox Bagel with choice of cream cheese, Gravlax, tomato, red onion, and capers	14
The Veggie Bear Bagel with cream cheese, tomato, red onion, and capers	10
The Very Beary Parfait Greek yogurt, homemade granola, and strawberries	9
The Mama Bear Veggie quiche of the day	9
The Papa Bear Meat quiche of the day	9
For a Group	
Half Dozen Bagels	
Dozen Bagel	
½ Pint Plain Cream Cheese	8
1/2 Pint Flavored Cream Cheese	10

Bagels:

Plain

Cinnamon Raisin Everything

Cream Cheese:

Plain Chive Green Chile

Strawberry

COFFEE, TEA, FRESH SQUEEZED JUICES AND A FULL ESPRESSO BAR

Homemade

From Scratch Made with Love